UNIVERSITY HIGH SCHOOL ATHLETICS

2018 Summer Skills Camps

University High School Athletics is proud to announce their annual Summer Skills Camp Programs. The University Athletic Department continues to credit much of its athletic success to its strong summer programs. Many of the Trojan athletic teams have captured league and CIF championships. This athletic opportunity comes from a strong commitment by both our athletes and our coaching staff. The camps are designed to teach skills in each sport as well as proper conditioning and strength techniques.

Summer Athletic Skills Camps are open to all University H.S. athletes, are purely recreational and completely voluntary. Daily attendance aids in development but is not required. Participation in the camps is not offered for credit and is not a prerequisite for equal access to participate in athletics during the school year.

Not all sports offered during the school year run summer programs.

Athletic Clearance: All students must be cleared by the Uni Athletic Office prior to participating in summer camp.

Clearance Instructions:

Email Address:

- Register at <u>www.athleticclearance.com</u> & Fill out all required information
- Upload a Sports Physical dated AFTER May 1, 2018 (Forms available online & in athletic office)
- Print out the Confirmation Message and bring to the Uni Athletic Office prior to the first day of camp.

Athletes must have "Cleared" status on <u>www.athleticclearance.com</u> for each sport they will be participating in. Detailed instructions available at <u>www.universityhigh.org/athletics.</u>

See reverse for a list of available camps.

Registration & Payment: Complete the form below, and bring to the UHS Student Activities Center to complete payment (cash, check or money order accepted). Payments must be received no later than the first day of camp.

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~ NO REFUNDS ~
Please complete and submit with Payment at the UHS Student Activities Center Please fill out a separate Registration Form for each Camp

Athlete Name: ______ Fall Grade: ____ Camp: _____ Cost: ____

Parent Name: ______ Phone #: _____

IUSD does not discriminate in enrollment in or access to any athletics program available. Admission to these programs is based on age appropriateness, team roster space, aptitude and meeting academic and behavioral eligibility requirements. The lack of English skills shall not be a barrier to admission to or participation in the District's activities and programs. See Bd Policy 5145.5 Nondiscrimination for more information and who to contact.

<u>University Athletic Summer Camps - 2018</u>

INCOMING ATHLETES AND PARENTS ARE PROHIBITED FROM HAVING ANY CONTACT WITH COACHES PRIOR TO May 1st



Competitive Cheer

Basketball (Girls)

Coach: Tom Shrake tomshrake@iusd.org

Cost: \$125

Dates: July 2nd - July 12th Times: 1:30p - 4:30p Location: UHS Small Gym

Coach: Nicole Bradshaw

nicolebradshaw@iusd.org



Baseball



Questions: michaelgerakos@iusd.org

Cost: \$235

Coach: TBA

Dates: June 11 - July 13

Times: Weight Room: 12p – 1p (Varsity:

Mon & Wed, FS: Tues & Thurs)

Field: 1:15p - 3:15p (Mon - Fri) All Levels





Cost: \$275

Dates: June 11 - July 12 (M-TH) Time: Varsity: 10a - 12:30p

Lower Levels: 1p - 3p

Cross Country



Coaches: Eric Davies: ericdavies@iusd.org **Courtney Mosey:**

courtneymosey@iusd.org

Cost: \$130

Dates: June 25 – July 30 (M–F)

Time: 6:30a - 8:30a

Football



Questions: tomshrake@iusd.org

Cost: \$275

Coach: TBA

Cost: \$275

Dates: June 11 - July 12

mikedinneen@iusd.org

Dates: June 11 – July 12 (M–F)

Time: Varsity: 7:30a – 10:00a

Lower Levels: 10a-12p OR 12p-2p

Time: V and JV: 2:00p - 5:00p (M-Th) F/S: 3:00p - 5:00p (M-Th)

Lacrosse (Girls)



Coach: Martin Stibolt martinstibolt@iusd.org

Cost: \$185

Dates: Aug. 6 – Aug. 16 (M-Th)

Time: 3:00p – 5:00p

Soccer (Boys)



Coach: Martin Carrington martincarrington@iusd.org

Cost: \$185

Dates: July 2 – July 12 (M – Th)

Time: 8:00a - 10:00a

Soccer (Girls)



Coach: Nacho Cid & **Emily Elkendier**

Questions: emilyelkendier@iusd.org

Cost: \$185

Dates: June 18 – June 28 (M-Th)

Time: 8:00a – 10:00a

Coach: Garry Currier

Tennis



Coach: John Kessler johnkessler@iusd.org

Cost: \$275

Dates: June 18th – July 19th (M-Th)

No Camp July 4 & 5

Times: 1:00p - 3:00p OR 3:00p - 5:00p

Volleyball (Boys)



Coach: Ian Perry ianperry@iusd.org

Cost: \$185

Dates: June 18 – June 29 (M-F)

Time: 1:00p – 3:00p

Volleyball (Girls)



Questions: tomshrake@iusd.org

Cost: \$235

Dates: June 11 – July 9 (M-Th)

No Camp July 2-5

Times: VR & JV: 3:00p - 5:00p F/S: 5:00p - 7:00p

Wrestling (Boys)



Coach: Kevin Takemura kevintakemura@iusd.org

Cost: \$235

Dates: June 11 – July 12 (M-F)

Time: 2:00p - 4:30p

Water Polo (Boys)



Coach: Jesse Briggs jessebriggs@iusd.org

Cost: \$185

Dates: June 11 – June 28 (M-Th)

Time: 6:00a - 8:00a

Water Polo (Girls)



Coach: Jesse Briggs jessebriggs@iusd.org

Cost: \$185

Dates: June 11 – June 28 (M-Th)

Time: 7:30a – 9:30a

Wrestling (Girls)



Coach: Kevin Takemura kevintakemura@iusd.org

Cost: \$235

Dates: June 11 – July 12 (M-F)

Time: 2:00p - 4:30p